

# The US Deprescribing Research Network – What it is and what it can do for you

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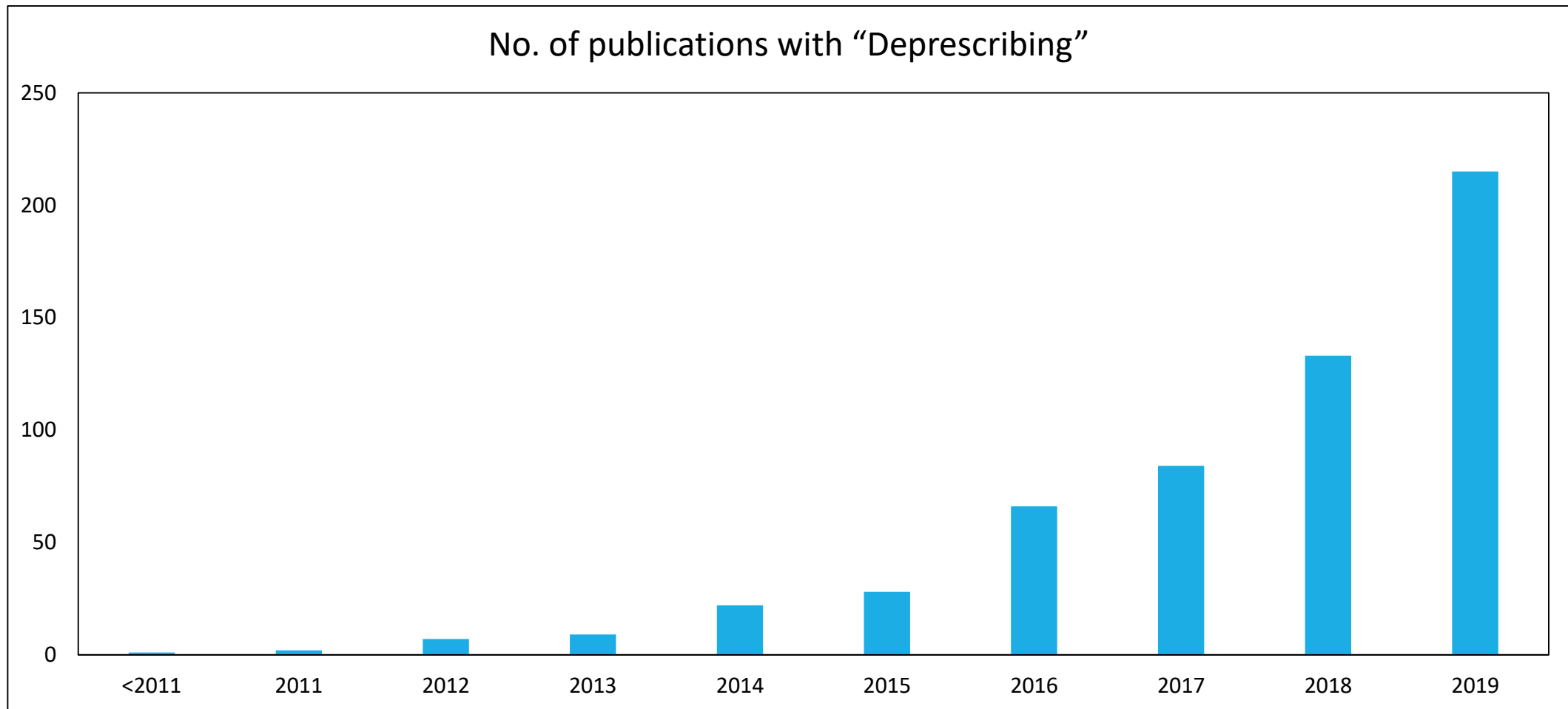
# Disclosures

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- Honoraria from American Geriatrics Society (Beers Criteria of Potentially Inappropriate Medications)
- Co-author of chapter in UptoDate on Multimorbidity
- Co-author of chapter in UptoDate on Deprescribing (coming soon)
- Thank you!
  - NIA R24 AG064025-1
  - Scientific Advisory Board
  - Malena Spar, Jonathan Norton, Anael Rizzo



# Why a network?



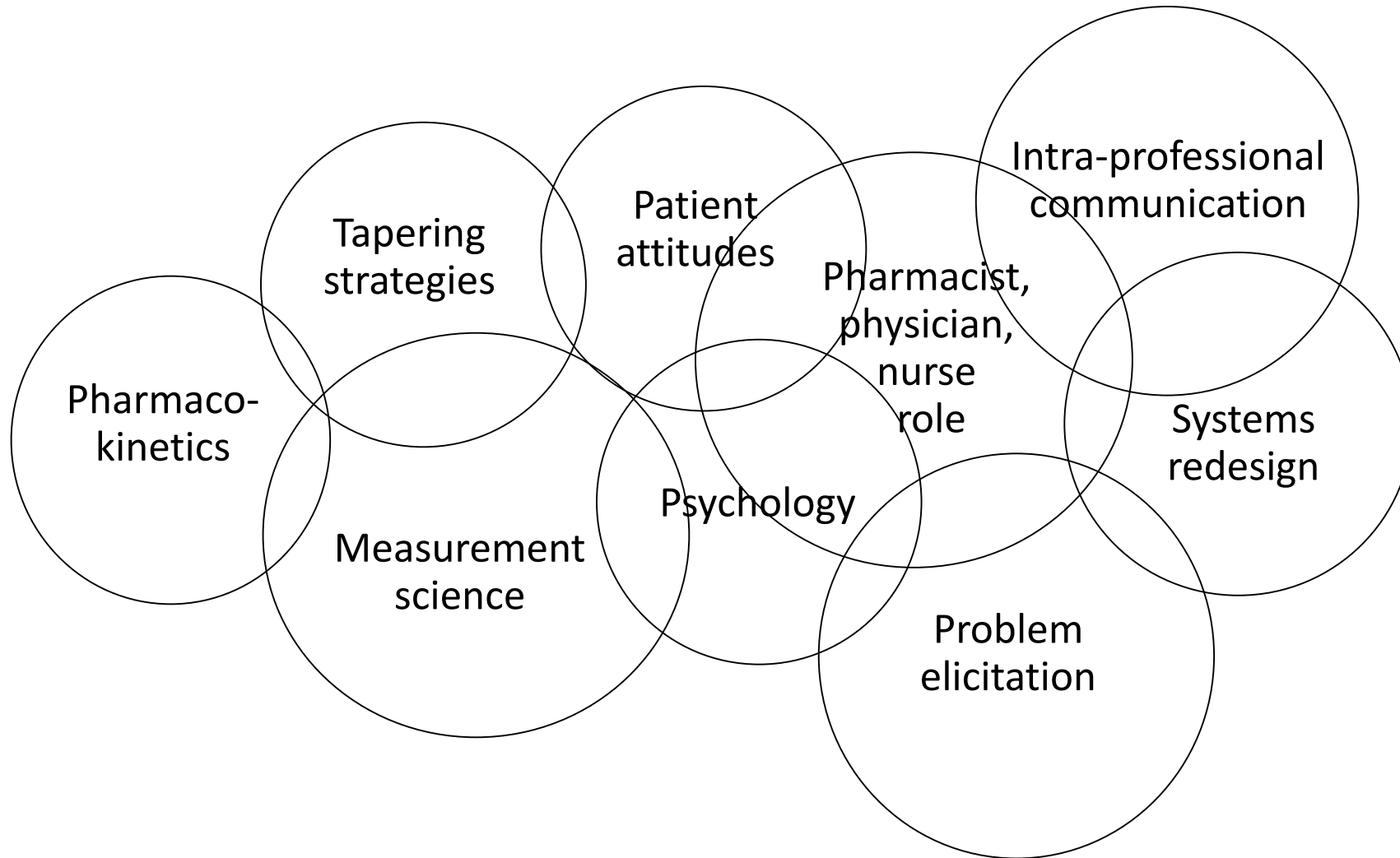
# Why a network?

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# Why a network?

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# Our goals

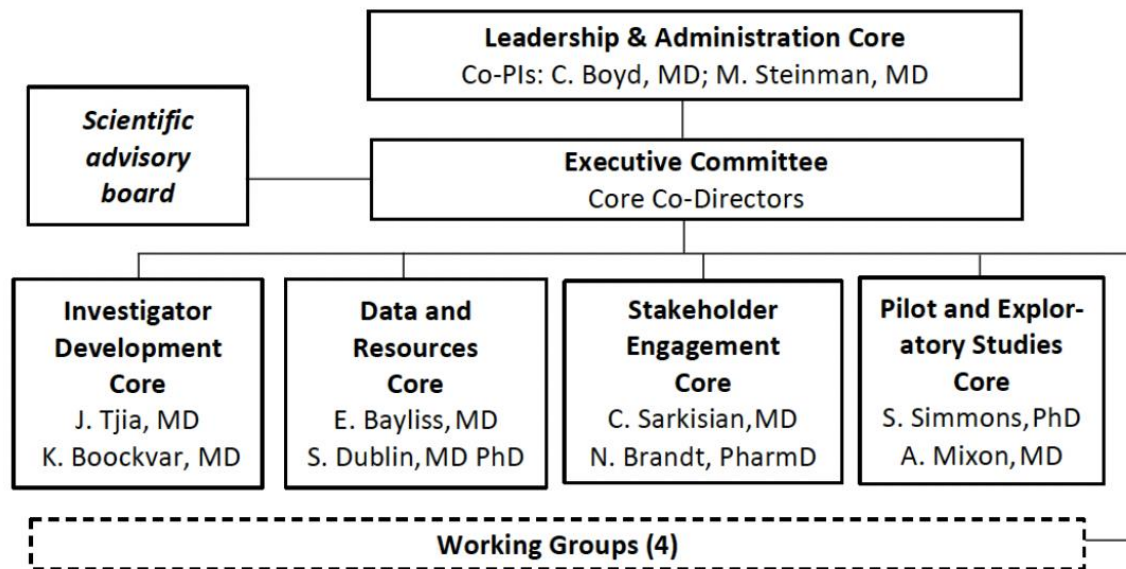
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US Deprescribing  
Research Network

- Develop a national community for mutual learning and collaborations
- Provide resources and supports
- Develop infrastructure
- Engage stakeholders
- Disseminate

# What is the network?



# Five pillars

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- Investigator development
- Funding for pilot studies and grant-planning activities
- Stakeholder engagement
- Data and resources
- Working Groups



# Investigator Development



- Develop interdisciplinary community of investigators interested in deprescribing  
→ collaborations, education, career development
- Annual meeting – immediately before AGS (May 6)
  - Open to all (!)
  - Junior investigator intensive
  - Travel scholarships
- Webinars
- Virtual works in progress conferences
- Collaboration grants

## Annual Network Meeting

First US Deprescribing Research Network Annual Meeting

May 6, 2020

(Immediately Prior to the American Geriatrics Society Annual Meeting)

Hyatt Regency Long Beach, Long Beach, CA

[Click here to register](#)

[Junior Investigator Intensive and Travel Scholarships »](#)

# Annual Meeting of USDeN – First is May 6<sup>th</sup>, 2020, Long Beach, CA

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KEYNOTE: CARA TANNENBAUM MD, MSC

CO-FOUNDER AND CO-DIRECTOR OF THE  
CANADIAN DEPRESCRIBING NETWORK



JAMA | Original Investigation

**Effect of a Pharmacist-Led Educational Intervention  
on Inappropriate Medication Prescriptions in Older Adults  
The D-PRESCRIBE Randomized Clinical Trial**

Philippe Martin, PhD; Robyn Tamblyn, PhD; Andrea Benedetti, PhD; Sara Ahmed, PhD; Cara Tannenbaum, MD, MSc

AND MORE....!

- Share research
- Access resources of USDeN
- Stakeholder engagement
- Networking
- Junior Investigator Supports

# Annual Meeting of USDeN – Looking ahead to future years

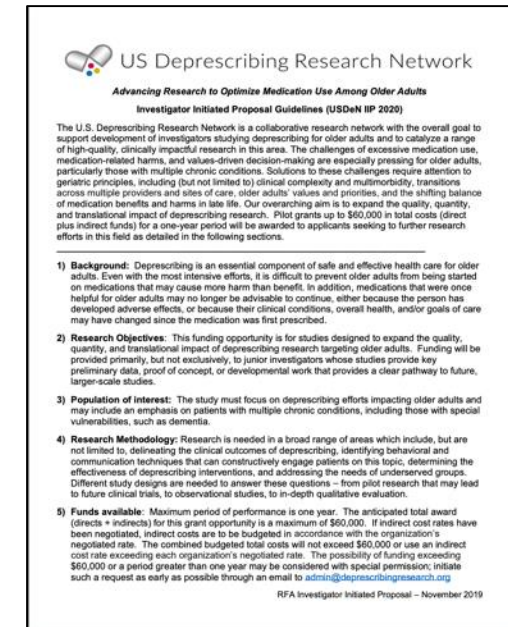
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# Pilot Awards



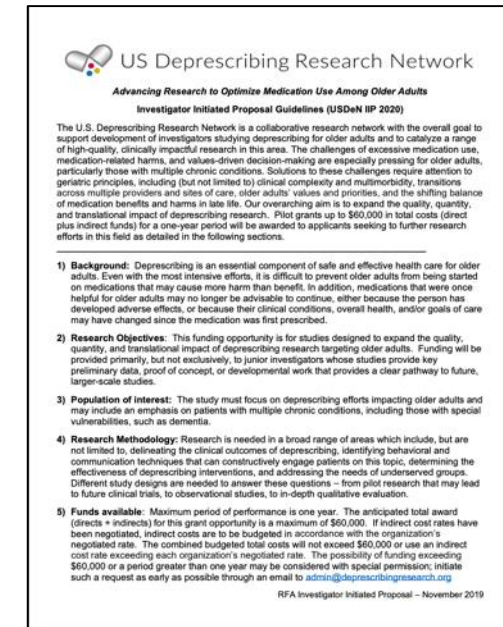
- Support early-stage research in deprescribing that has high potential to develop into future large projects
- Funding will be provided primarily, but not exclusively, to junior investigators whose studies provide key preliminary data, proof of concept, or developmental work that provides a clear pathway to future, larger-scale studies.
- \$60K total (directs + indirects)
- Non-US are eligible
- Engage stakeholders



# Grant Planning Awards



- Support early-stage research in deprescribing that has high potential to develop into future large projects
- Funding will be provided to support initial development activities that will lead to a multi-site clinical trial or larger-scale research project.
- \$60K total (directs + indirects)
- Non-US are eligible
- Engage stakeholders
- *Expect to fund 4 awards per year total*
  - *(pilot and grant planning)*
- *Attend our webinar next month*



# Pilot and Grant Planning Awards

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Decisions about anticoagulation in patients with atrial fibrillation and dementia (Greg Ouellet, Yale)



Older adults' attitudes and preferences about how deprescribing recommendations are discussed (Ariel Green and Nancy Schoenborn, Johns Hopkins)



Intensification and deintensification of glucose-lowering therapies among older adults with diabetes mellitus and MCCs (Jen Kuntz, Kaiser Permanente Northwest)





# Stakeholder Engagement



- Engage stakeholder and community partners to maximize relevance and impact of research on deprescribing
  - Patients, caregivers, health systems leaders
- Intercalate stakeholders throughout activities of the network – pilot studies, annual meeting, webinars, dissemination
- Stakeholder council
- Messaging

# Stakeholder Engagement Council: Overview

- Council is comprised of 12-14 members who will represent patient, family, and various organizational and policy perspectives.
- Council members will serve staggered 2-3 year terms over the 5-year study period.

Stakeholder Engagement Council Members		
Name	Organization (if applicable)	Type of stakeholder
Carol Glover		Patients/Caregivers
Katie Maslow		Patients/Caregivers
Suzanne Mintz		Patients/Caregivers
Del Price	PATIENTS network - University of Maryland	Patients/Caregivers
Laura Trejo	LA Department of Aging/Area Agency on Aging	Patients/Caregivers
Frank Federico	Institute for Healthcare Improvement	Health systems and improvement organizations
Vinit Nair	Humana	Health systems and improvement organizations
George Hennawi	MedStar Good Samaritan Hospital	Health systems and improvement organizations
Amy Berman	Hartford Foundation	Policy/advocacy
Shannon Brownlee	Lown Institute	Policy/advocacy
Chad Worz	American Society of Consultant Pharmacists	Professional organization
Nancy Lundenbjerg	American Geriatrics Society	Professional organization
Andrew Auerbach	Society of Hospital Medicine	Professional organization



# Data and Resources



- Develop and share resources and provide supports that will advance research on deprescribing
- Spearhead initiatives to develop new science and consensus projects around measurement and data
- Compendia and repositories – database of completed and ongoing studies; compendium of measures; repository of DSMB & IRB materials
- Data development, harmonization, management
- Consultation services

# Working Groups



## Create high-value resources to enhance deprescribing research

- Systematic review and meta-analysis of high-value targets for deprescribing
- Review of measures used in deprescribing research
- Data harmonization collaborative
- Synthesize knowledge about deprescribing communication, develop “best practices” communication template

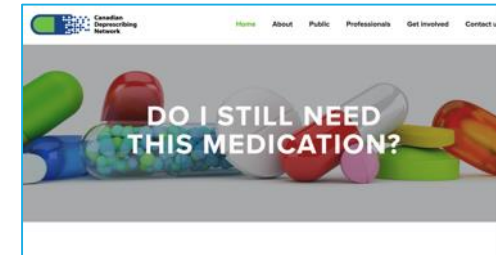
# Ecosystem, aka Alphabet Soup



US Deprescribing Research Network (USDeN)



Deprescribing.org (Bruyere)



Canadian Deprescribing Network (CaDeN)



Australian Deprescribing Network (ADeN)

English Deprescribing Network (EDeN)

Northern European Deprescribing Network (NERD)

AGING (multimorbidity) Network

Palliative Care Research Cooperative (PCRC)

Network for Investigation of Delirium:

Unifying Scientists (NIDUS)

IMPACT Collaboratory

How does this apply to me?

How can I get involved?

# How does this apply to me?

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Junior  
investigator

- Build research portfolio
- Develop ideas, get inspiration, community
- Mentoring
- Grant support

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Webinars

Virtual WIPs

Annual meeting

Junior investigator intensive

Learn how to involve stakeholders

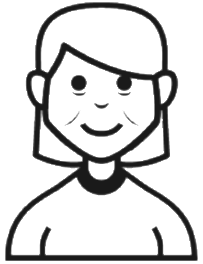
Compendia

Consultations

Pilot award

# How does this apply to me?

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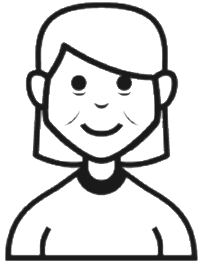


- Expand into new area
- Support mentees
- Learn about national landscape

Not-so-junior  
investigator

# How does this apply to me?

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Not-so-junior  
investigator

- Expand into new area
- Support mentees
- Learn about national landscape

Webinars

Annual meeting - network

Grant planning award

Compendia

Committees



# How does this apply to me?

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- What is this all about?
- Want to contribute
- Want to learn

Patient or  
caregiver

# How does this apply to me?

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Patient or  
caregiver

- What is this all about?
- Want to contribute
- Want to learn

Webinars

Stakeholder activities

Annual meeting

# How can I get involved?

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- Join !
  - Follow us on Twitter (@DeprescribeUS)
  - Annual meeting
  - Participate
  - Committees
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- Contact us: [admin@DeprescribingResearch.org](mailto:admin@DeprescribingResearch.org)

Join the Network



# Next webinar

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## WEBINAR

Network-funded pilot and grant planning awards –  
information for potential applicants

January 7, 2020 | 2:00 – 3:00 PM Eastern / 11:00 – 12:00 PM Pacific

**[MORE INFORMATION AND REGISTRATION »](#)**

# DeprescribingResearch.org

