

deprescribing.org Guidelines

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deprescribing.org

Reducing medications safely
to meet life's changes

Moins de médicaments, sécuritairement –
pour mieux répondre aux défis de la vie

Disclosures

Competing Interests

Relationships with commercial interests:

none

Honoraria: Canada's Drug Agency

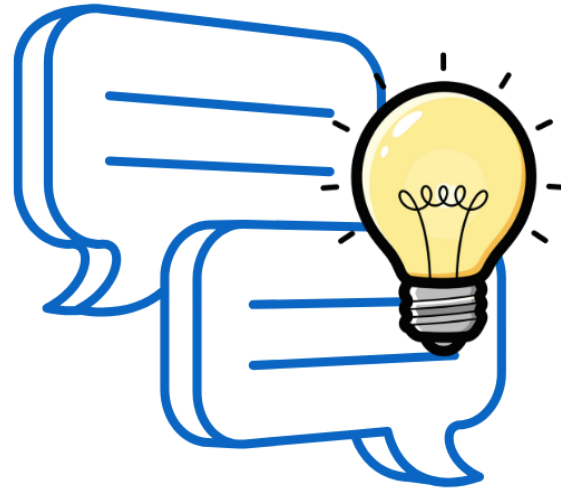
Grants/Research Support:

- Canadian Institutes of Health Research
- Ontario Centres for Learning, Research & Innovation in Long-Term Care
- Canadian Medication Appropriateness and Deprescribing Network/Canada's Drug Agency
- UofT Novo Nordisk Network for Healthy Populations

Salary

- University of Toronto, Trillium Health Partners

“The guidelines don’t tell me when to stop”



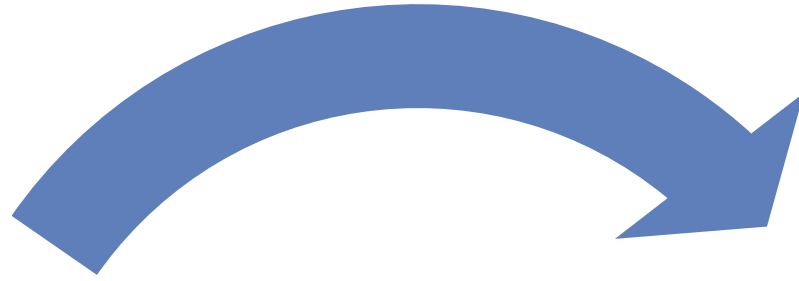
Barbara Farrell
Founder and Senior Advisor,
Pharmacist



James Conklin
Founding Co-investigator,
Organizational Change
Expertise



deprescribing.org



We create
guidelines, tools
and approaches
to support
deprescribing

We help
people to
use them



Guidelines and Algorithms

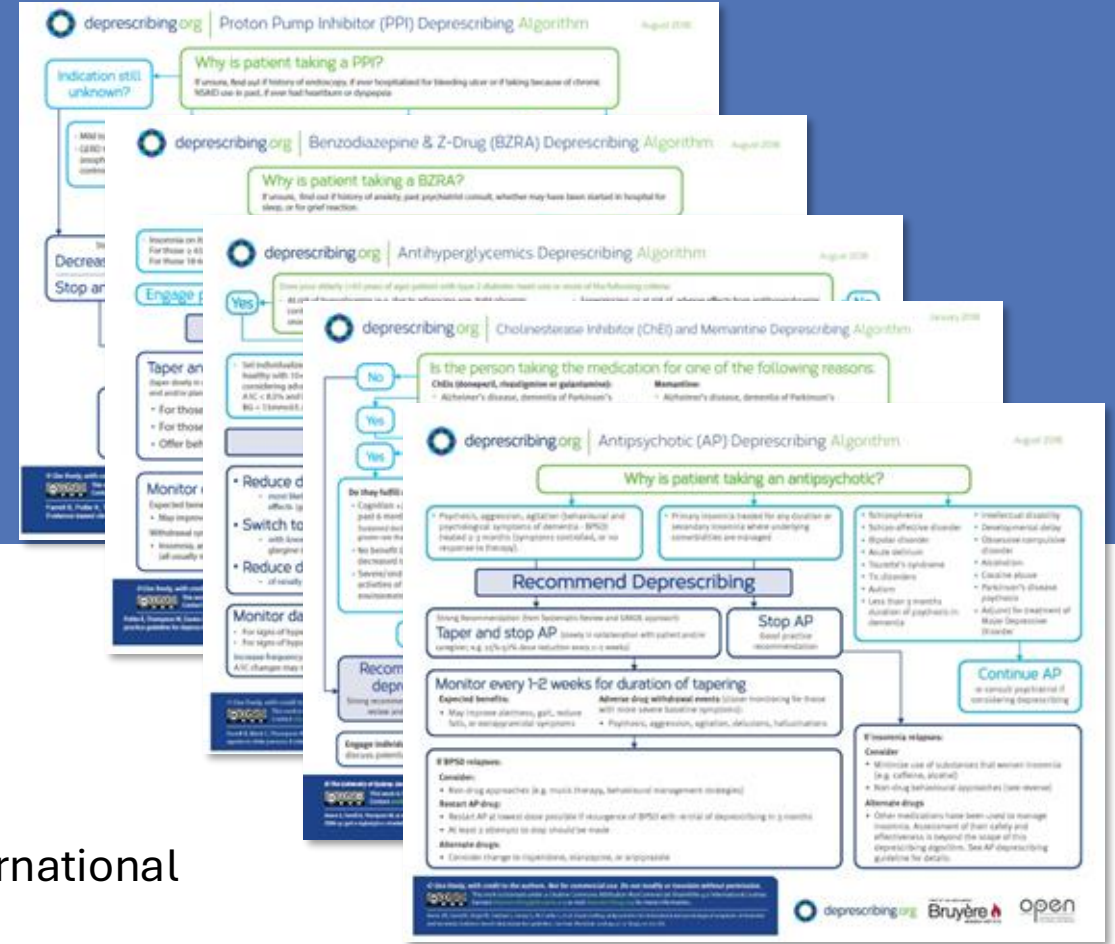
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Evidence-Based Deprescribing Guidelines and Algorithms

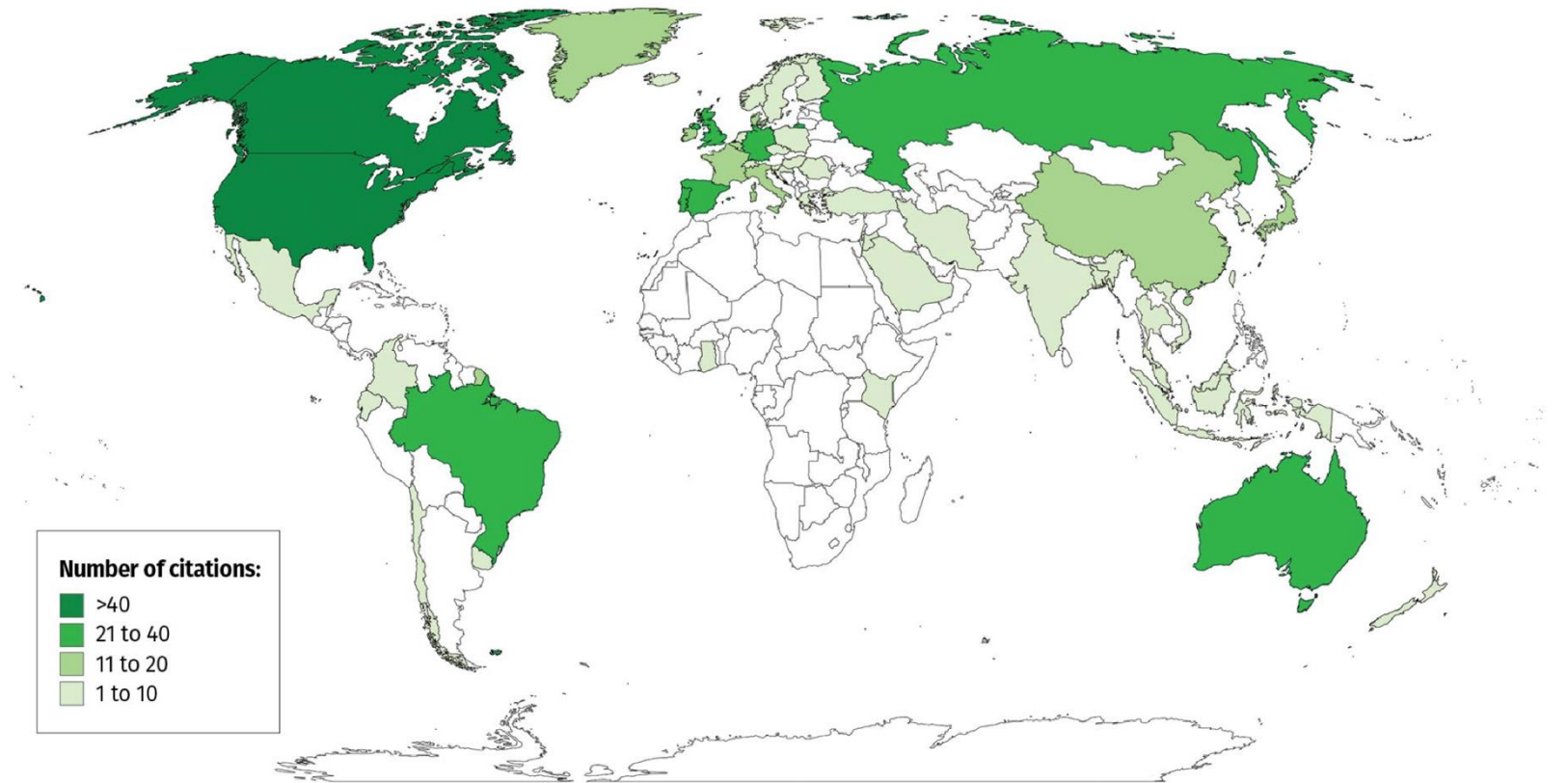
Integrated into leading Canadian and international health professional resources (CPS, RxFiles, Choosing Wisely Canada Toolkits, MedSafer, TaperMD etc)

* 6th guideline coming soon + partnered on others





Guideline Reach



>1500

**Academic
Citations**



>50

**Translations/
Modifications**



deprescribing.org



114K

Unique Website Users

* In 2025



285K

Total Page Views

* In 2025



50K

Guideline Material Downloads

* In 2025

Website

- Patient pamphlets, infographics
- Whiteboard videos. testimonials
- Learning modules
- Deprescribing Guidelines Repository (DEPOT)

Social Media

@deprescribing.bsky.social @deprescribing

@deprescribing.org

4.5K



LinkedIn Followers

1.3K



YouTube Subscribers

* > 113 K Total Views

1K



Bluesky Followers

1.9K



Newsletter Subscribers

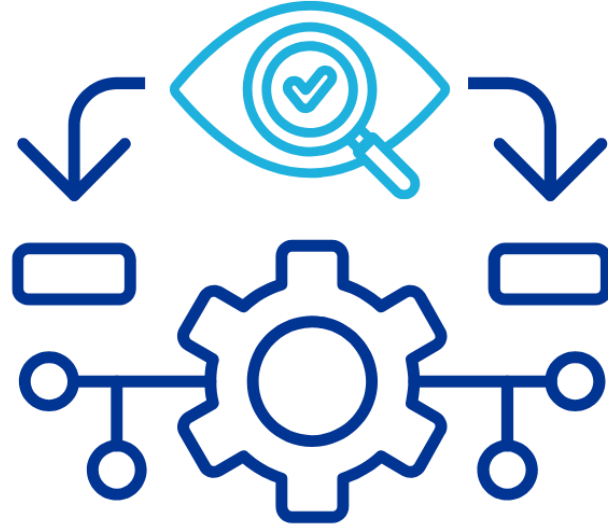


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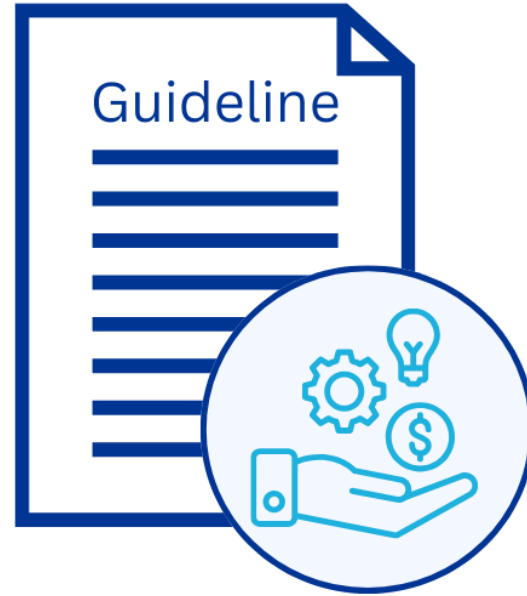
Lessons Learned

Acknowledgements:

Wade Thompson, Barb Farrell and the deprescribing.org Team

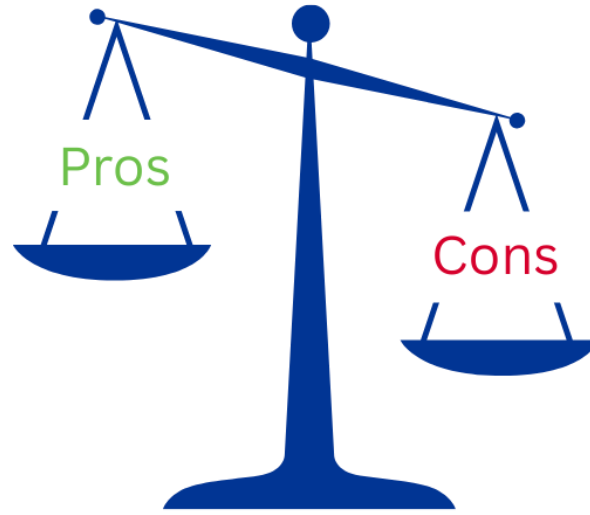


A transparent and rigorous guideline development process enhances credibility but leaves some unsatisfied.



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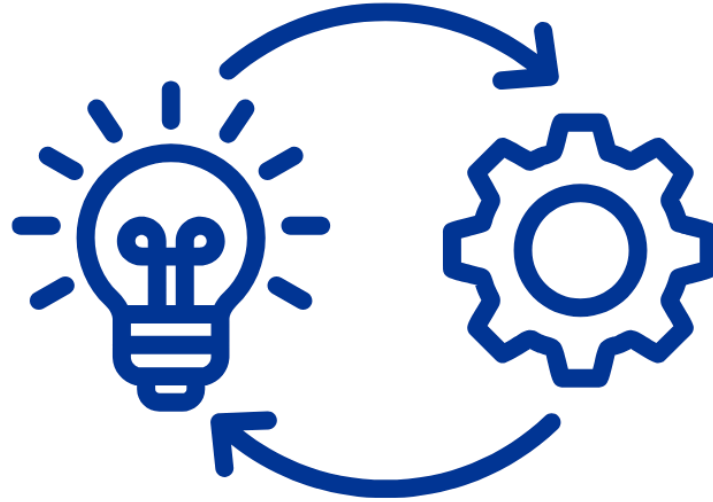
Developing evidence-based guidelines is a lot of work but it is worth it.



3

Leading guideline development as an independent research team has pros and cons.

Lessons Learned



4

Implementation supports are as important for uptake as the guideline recommendations.

Lessons Learned

The Future

- Methods
- Expanded partnerships
 - International development team members
 - Patients/public
 - New societies
- Deprescribing recommendations in condition-focused clinical practice guidelines




Partners
and
Supporters

Staff and students

Alexa Muir, Annabel Chapman, Christine Rodriguez, Dana Stanley, Ellen Reynolds, Jeffrey Pan, Pam Howell, Vincent Vuong



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